



OPAL spa  
at Sandpearl Resort

Your experience begins a lifelong journey...

Journey through OPAL Spa to achieve a new level of rejuvenated well-being.

We encourage balanced mind, body and spirit through inner focus, results-oriented professional products and a personalized approach to wellness, longevity and beauty.

Our spa artisans offer guidance and encouragement throughout your journey, giving you the tools you need to find your radiant center. Embrace this. It is yours to keep with you wherever your travels take you.

OPAL Spa offers unique, personal therapies combined with luxury amenities – all set against the beauty of nature herself. Indulge yourself in a menu of choices and unforgettable experiences.

From our serene and spacious accommodations to our deliciously nutritious cuisine, every aspect of the OPAL Spa Collection experience is designed to reconnect you with your inner soul and the world around you.

Achieve the perfect balance of mind, body and spirit at each of our award-winning spas.



The **OPAL Spa Experience**

*Exclusively created for and by OPAL Spas, these Signature programs are the most decadent of our spa therapies for you to enjoy.*

### **Signature Perfect Body**

We specifically cater to your body needs. With nutrition, healing, and restoration in mind, this Perfect Body Treatment allows you and your technician to combine any of our available muds and wraps therapies into one perfect body treatment created just for you. *80 minutes*

### **Signature Perfect Massage**

Since the body's needs constantly changes, as well your treatment needs, we create the perfect massage for you based on what your body needs for healing and restoration. This Perfect massage allows you and your technician to combine any of our available massage therapies into one perfect massage created just for you. *80 minutes*

### **Signature Perfect Facial**

Skin Luxury! This luxurious facial uses a fusion of science and nature, this ultra-luxe programme is perfect for any skin. Using the latest in natural essential oils and anti-aging technologies for increased firmness, elasticity and fullness to nourish and hydrate. *80 minutes*

### **Signature Manicure and Pedicure**

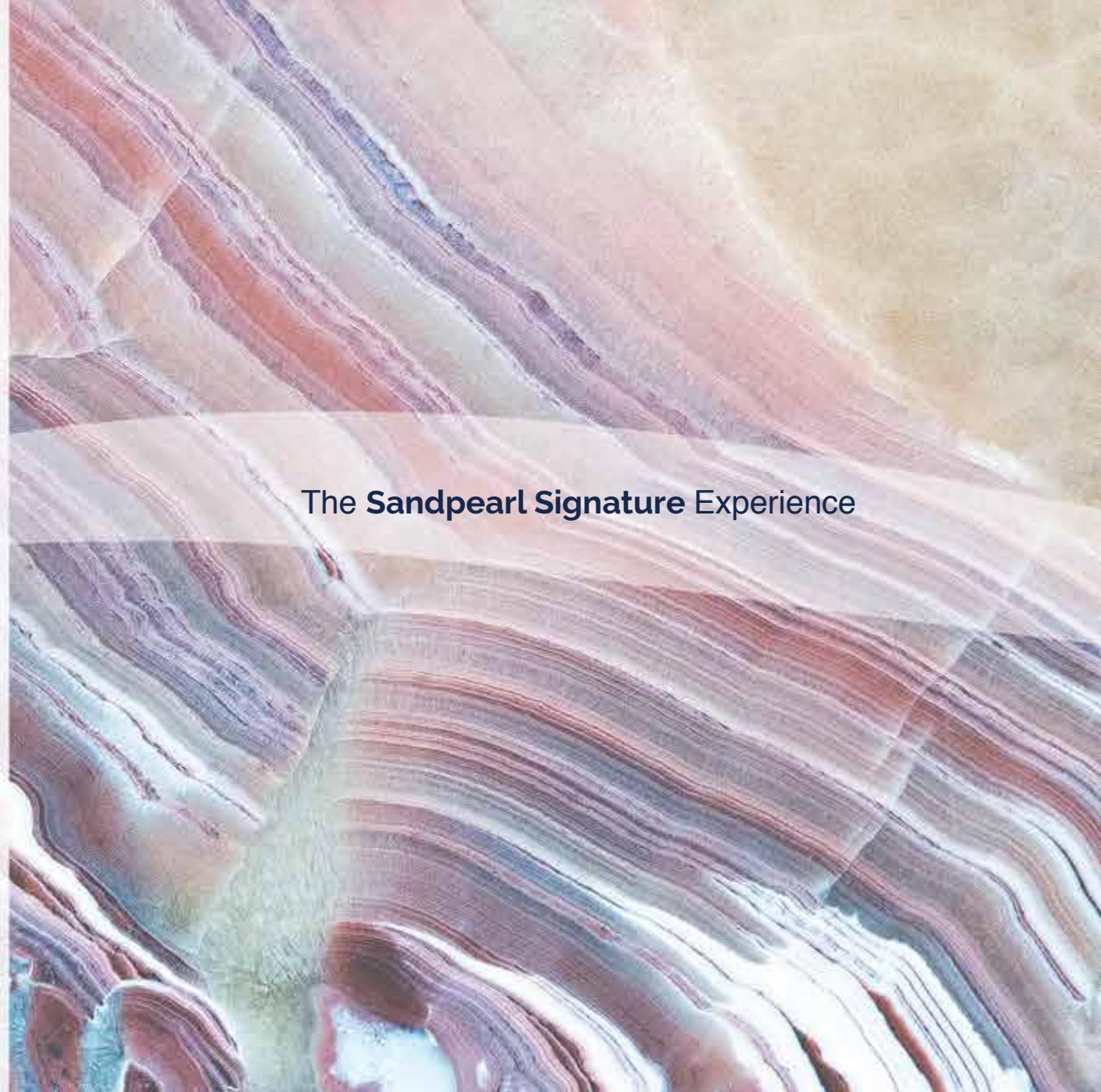
Begin your Luxury Ritual with a deliciously scented warm hand or foot bath that transforms into an indulgent, nourishing bath to deeply condition and protect the skin against environmental stress. This exquisite Signature manicure and pedicure combine skin softening minerals, a silicate exfoliation, and a hydrating paraffin mask with a rhythmic and relaxing pressure point massage, and, of course, perfection in shaping, cuticle attention and final polish.

*Manicure 55 minutes / Pedicure 65 minutes*

### **Signature Ritual**

The gift of renewal, tranquility, and the luster of pure luxury. Enjoy a combination of the Signatures. *Body Renewal / Facial / Manicure and Pedicure Approximately 6 hours*

## **The Sandpearl Signature Experience**





## The Full Body Experience

### Signature Perfect Body

We specifically cater to your body needs. With nutrition, healing, and restoration in mind, this Perfect Body Treatment allows you and your technician to combine any of our available muds and wraps therapies into one perfect body treatment created just for you. *80 minutes*

### The Detox

The perfect detoxifying programme that offers the appearance of toned and firm skin while drawing out impurities. A full body wrap, re-mineralizing thermal waters with active ingredients enveloped in a cocooning mask will deeply renew and detoxify the skin. *80 minutes*

### The Maternity

The ideal nurturing programme during pregnancy and post-pregnancy, thanks to the elasticizing, nourishing actions of the natural active ingredients. The Maternity improves circulation, reduces swelling and inhibits stretch-marks. *50 minutes*

### The Soothe

Rejuvenates and soothes sunburned skin and accelerates the body's natural healing process while protecting skin from further cellular damage. This nourishing full body cooling and therapeutic wrap calms inflamed skin while replacing lost moisture and restoring vital nutrients with mineral-rich organic algae and aloe, green tea extracts and other antioxidants. Reduce redness and irritation while healing sun-damaged skin. *50 minutes*

### The Scrub

A precious sensorial synergy of textures, beginning with a vigorous renewing scrub ritual to prepare and smooth the entire body. Concluding with an application of a creamy body butter, bestowing silkiness and nourishment to the body ensuring nourishment and radiance for your skin and the power of human touch for a unique experience to deeply relax the body and mind. *50/80 minutes*



## The Touch Experience

*Enhancements are available to personalize your programme.*

*"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."  
~ Leo F. Buscaglia*

### The Signature

Since the body constantly changes as well as your treatment needs, we create the perfect massage for you based on what your body needs for healing and restoration. This Perfect massage allows you and your technician to combine any of our available massage therapies into one perfect massage created just for you. *80 minutes*

### The Traditional

This most well-known and widely practiced form of classic massage uses a light touch, long, flowing strokes and gentle transitions designed to warm and relax muscles in preparation for such techniques as kneading and applying medium pressure. This treatment will relax, revitalize and renew your body. Benefits include increased blood and lymph circulation, eased tension and energetic revitalization. *50/80 minutes*

### The Stone

Enter a state of pure bliss as smooth warm basalt stones bring increased circulation and relief to your sore and aching muscles. Careful stone placement combined with soothing massage using these stones as therapeutic tools, encourages a sense of incredible deep peace and contentment. *80 minutes*

### The Therapeutic

The Therapeutic massage is a customized massage designed to help relieve pain, reduce stress, and work on a specific problem using just the right amount of pressure, which could be a firmer or lighter touch. *50/80 minutes*

### The Deep

A Point Specific treatment aimed at the deeper tissue structures of the muscles and connective tissue. This intense and specific focused therapy works to release chronic muscle tension. Alleviate discomfort while addressing problematic joint and muscular areas with focused firm pressure. *50/80 minutes*

### The Prenatal

This gentle calming massage will promote a healthy pregnancy. Relax tense muscles, increase circulation and ease back pain. You must be out of your first trimester to enjoy this service. *50/80 minutes*

### The Reflexology

Eastern tradition believes the body's meridians are represented on the soles of the feet. This healing treatment applies acupuncture to central reflex points on feet to improve circulation and health of vital organs and joints *25/50 minutes*

## The Signature

Skin Luxury! This luxurious facial uses a fusion of science and nature, this ultra-luxe programme is perfect for any skin. Using the latest in natural essential oils and anti-aging technologies for increased firmness, elasticity and fullness to nourish and hydrate. *80 minutes*

## The Custom

Your perfect maintenance facial! This prescription facial is customized according to your basic skin condition and concerns, whether it be deep cleansing, rehydration, or soothing nourishment. A gentle yet effective facial thanks to the power of natural active ingredients. *50/80 minutes*

## The Organic

Your organic choice! This all-natural programme provides deep cleansing, nourishment and protection for dry, sensitive skin. This ritual programme graces your skin with natural and organic elements from all around our precious earth restoring your soul with strong, nurturing and loving touch. Deeply restoring organic oils combined with essential anti-oxidants restore silky skin texture with profound softness and moisture exquisite gifts of nature. *50/80 minutes*

## The Oxygen

Breathe new life into your skin. This exclusive programme is not only a delightful sensory experience but it also stimulates cellular response to help diminish the visible signs of aging. The end result is clear and luminous skin with the feeling of firmness. This amazing programme is not only effective in handling major skincare concerns but is a beautiful programme for those who would like to get that "Glow" and is a perfect accessory just before that special night out. This programme is partnered with an enzyme peel for obtaining a radiance that will turn heads. *50/80 minutes*

## The Resurfacing

This results-driven programme will resurface and remove dead skin layers, while targeting the repair of individual conditions that are related to acne, aging, hyper-pigmentation and sensitive skin. Add a powerful dose of antioxidants and the skin tone is instantly brighter with fine lines and wrinkles softer and smoother and collagen stimulated after one programme. *80 minutes*

## Skin Care Enhancements

*Add one or more of these enhancements to your experience to provide further visible results.*

### DERMAL REJUVENATION

**Derma Peel** - Smooth the texture and appearance of your skin with our advanced resurfacing peels. Regularly scheduled peels may assist in correcting many skin concerns and can help improve your skin health in the following ways: post acne, scars, age and liver spots, fine lines and wrinkles, irregular skin, freckles and pigmentation, sun-damaged skin, rough skin and scaly patches.

**Micro-Dermabrasion** - For softer, more luminous, youthful-looking skin, micro-dermabrasion softens fine lines and wrinkles, helps to smooth coarsely textured skin, decreases the appearance of scarring, decreases pore size, aids in building collagen, giving the skin a more youthful appearance. *(Perfect as an add-on for any facial.)*

**Eye Zone** - Triple-action programme for the delicate area of the eyes. Reduces puffiness and dark circles, softens fine lines and wrinkles for a revitalized fresh appearance.

**Lip Service** - An immediate plumping programme for dry, depleted and mature skin. Softens fine lines and wrinkles, bestowing vitality and freshness to the skin.

**Back Pack** - This detoxifying mud treatment which revitalizes normal cellular functions, nourishes back tissues and eliminates stored metabolic waste.

## The Skin Care Experience





**Mind • Body • Spirit**

*Rich and precious, the mind, body and spirit is more than just the sum of its parts – therefore the range of our wellness therapies are comprehensive and extremely varied in order to cover all of the aspects of physical, emotional and spiritual well-being.*

### **Tranquility Ritual**

A precious sensorial synergy of delicate textures, beginning with a unique renewing scrub ritual for smooth, soft skin, enhanced with your chosen essential oil blend, ensuring nourishment and radiance for your skin. Concluding with aromacological scents and the power of human touch for a unique experience to effectively induce a state of deep rest. Ideal for jet lag recovery and recovery. *110 minutes*

### **Longevity Ritual**

Your organic choice! A complete longevity approach to target the four primary causes of accelerated cellular aging reflected in the skin: inflammation, glycation, oxidation and methylation. The choice of a face or body programme or the combination of both, to actively correct imperfections, whilst protecting against further damage, enhanced with Kabat massage, to stimulate vitality to tissues. This ritual programme graces your skin with natural and organic elements from all around our precious earth restoring your soul with strong, nurturing and loving touch. *110 minutes*

### **Aromasoul Ritual**

The remarkable and renowned therapeutic gifts of aromatherapy. Each treatment begins with a personal selection from our unique collection of aromatherapy oil based on ancient cultures. This unique ritual is enhanced with a deep exfoliation and a firming, hydrating body envelopment. *110 minutes.*

### **Sacred Nature**



Your Organic Choice! This all natural and organic face and body ritual provides nourishment and protection for dry and sensitive skin. This ritual graces the face and body with elements from around the world restoring your soul with a strong, nurturing and loving touch. Deeply restoring organic oils combined with essential anti-oxidants restore silky skin texture with profound softness and moisture. *110 minutes.*

*Feel like royalty as you pick one of these ethereal combination spa experiences that string together select beauty and wellness treatments and roll them into one glorious bouquet of bliss. The individual experiences in these bouquets are specifically picked to enhance the effectiveness of each and create one glorious ritual.*

## The Signature

The gift of renewal, tranquility, and the luster of pure Luxury. Enjoy a combination of the Signatures. Your choice of Signature Body or Massage along with the Signature Facial and Signature Manicure and Pedicure. *Approximately 6 hours. All services are performed on the same day and offer a lunch break of 80 minutes when booking. This is the ultimate day package. Light lunch included.*

## The Essence

Enjoy your favorite spa with your favorite services with this half day of relaxation. *50 Minute Custom Facial / 50 Minute Swedish Massage / Classic Manicure and Pedicure Approximately 3.5 hours - Light lunch included.*

## The Sports

A package designed with the Spa Man in mind. Just for him. *25 Minute Custom Facial / 50 Minute Deep Tissue Massage / MANicure and Classic Pedicure Approximately 3 hours*

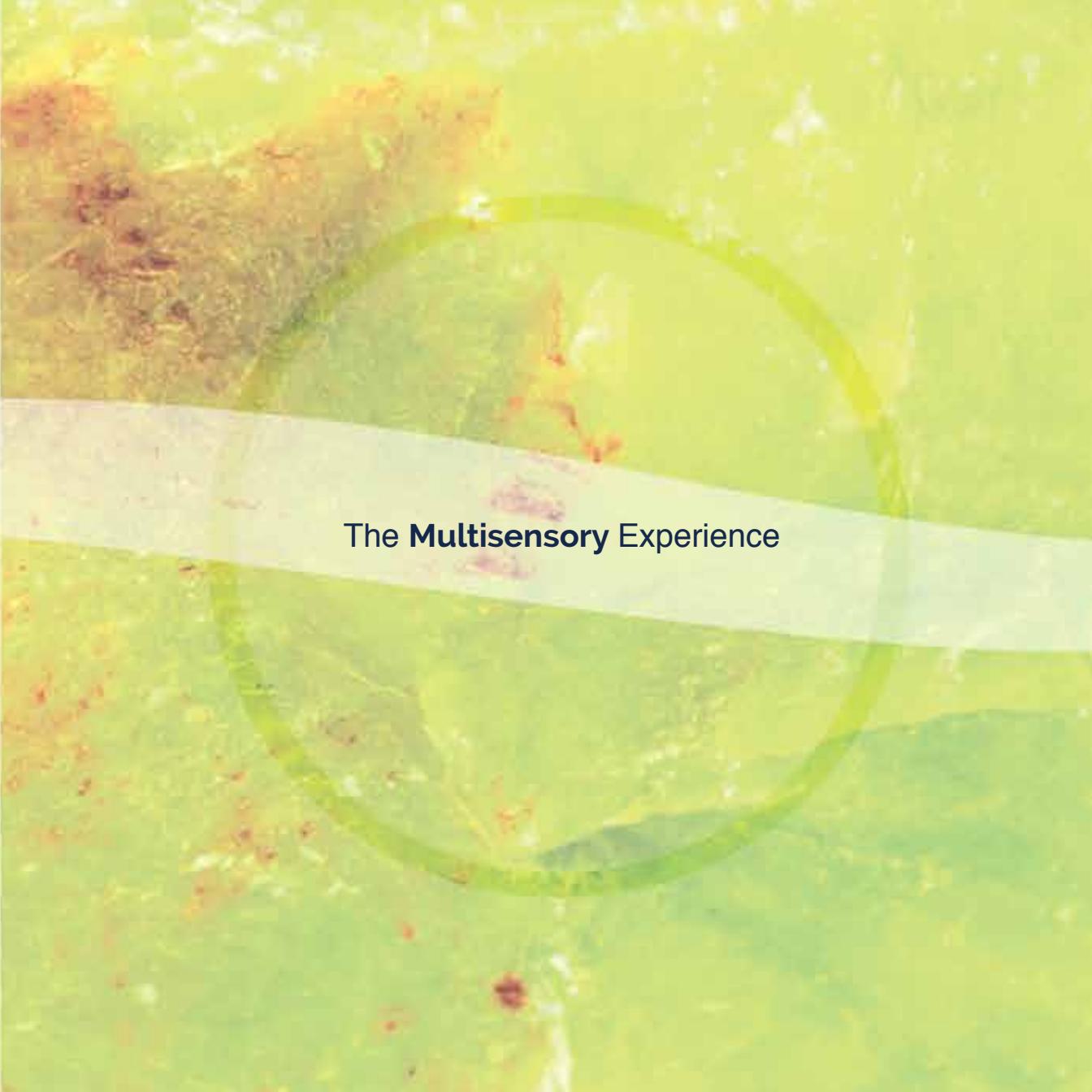
## The Duet

Perfectly packaged for two. Mother/Daughter, Honeymoon or BFF's spa Re-Treat for two. Share, relax and reconnect in the paradise that is Spa! Choose from a *50 minute Swedish Massage* or a *50 minute Custom Facial* with a *Classic Manicure and Pedicure*. *Package is priced per person. Approximately 2 hours*

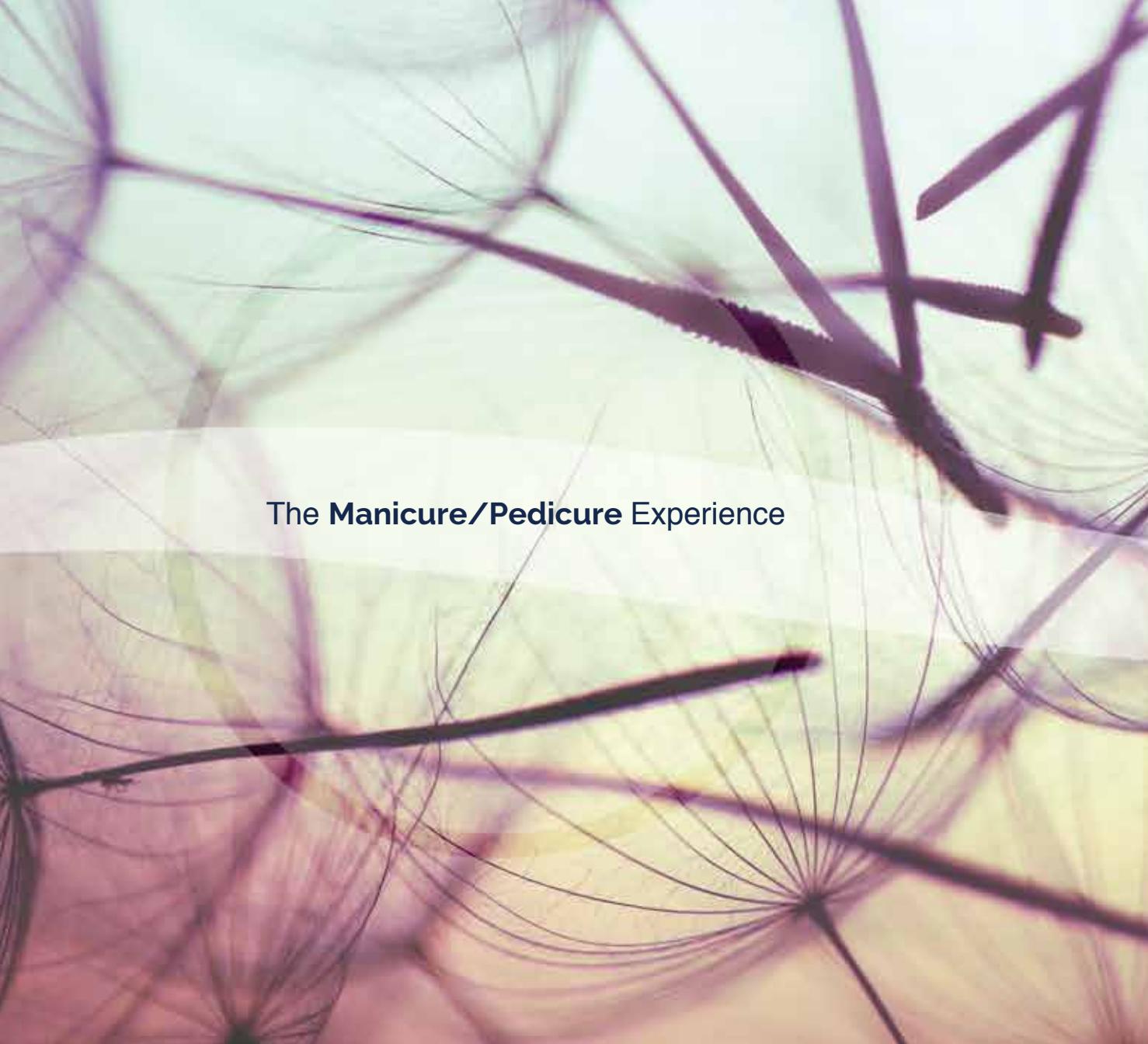
## La Petite

This Petite Pearl Package offers a healthy *Tapas Style* sample of favorites from our spa menu. Select three of your favorites from our *25-minute* services, such as: *Express Massage, Express Facial, Warm Oil Scalp Massage, 25 minute Reflexology, Express Manicure, Express Pedicure*. *Approximately 1.5 hours*

*Spa Enhancements are available to add as upgrade to any package. Spa Lunch prices vary.*



## The Multisensory Experience



## The Manicure/Pedicure Experience

### The Signature

OPAL's exquisite Signature manicure and pedicure combine skin softening minerals, a silicate exfoliation, and a hydrating paraffin mask with a rhythmic and relaxing massage.

Manicure *55 minutes* / Pedicure *65 minutes*

### The Classic

Select your scent and begin your journey! Your selected essence highlights your footbath salts, lotion and Shea butter intense hydration, creating a memorable experience that leaves your fingers and toes beautifully harmonized.

Manicure *35 minutes* / Pedicure *45 minutes*

### The Journey

Your organic choice! This all-natural programme provides a rejuvenating soak and scrub, organic oil programme for cuticles, and a delicious mask with exfoliation to reduce hyper-pigmentation and an anti-aging body balm massage to soften rough, callused hands and feet. Deeply restoring organic oils combined with essential anti-oxidants restore silky skin texture with profound softness and moisture exquisite gifts of nature.

Manicure *45 minutes* / Pedicure *55 minutes*

### Hands & Feet Enhancements

*\*Denotes additional time or charge.*

Polish Change  
French/Gel\*  
Paraffin\*  
Extra Foot Massage\*

### The Wax

Eyebrow Design  
Lip or Chin  
Full Face (*excludes brow*)  
Full Back or Chest  
Underarm  
Lower Arm  
Bikini  
Brazilian (*prices may vary*)  
Full Leg  
Full Leg (*with bikini*)  
Upper Leg (*with bikini*)  
Lower Leg

## Your Spa Experience

**Reservations** In order to have the most programme choices and options, we encourage you to schedule your appointments in advance. Although it is possible to walk-in and schedule an appointment, availability becomes limited and in many cases we are fully committed with other guests.

**Therapist Preference** If you prefer either a male or female therapist don't hesitate to let your choice be known. Also, if you have enjoyed the services of a particular therapist on a prior visit, feel free to request that person.

**Cell Phones** We are here to promote a calm and relaxing environment. We prefer that you leave phones, smart phones, iPads and pagers at home or in your room. If you must bring them with you, please turn them off before entering the Spa.

**Communication** Be sure to speak up. All aspects of your programme can be modified to your taste: amount of light, kind (or absence) of music, temperature, and whether or not you choose to have a conversation or enjoy the programme in silence. If you want the therapist to use more or less pressure please speak up and tell them. Also, feel free to ask questions. Your therapist will enjoy knowing your thoughts and clarifying any issues you may have. Conversation between Guests in the relaxation room and elsewhere should be kept at a low volume.

**Punctuality** Arrive at least 30 minutes early so you can enjoy an unhurried transition into the Spa. Arriving late for your service will limit the time of your service, thus lessening its effectiveness and your pleasure. Your programme will end at the scheduled time to accommodate the next guest's scheduled appointment. After a programme, it's customary to vacate the room within a few minutes, though you are welcome to spend additional time unwinding in the Spa's relaxation lounge.

**Cancellations** Cancellations and reschedule requests must be made 24 hours prior to appointment to avoid being charged in full.

**Gratuity** All spa services access a gratuity of 18%. This charge is automatically added to your service as a convenience. Additional gratuities for superior service are always appreciated.

**Sustainability** As part of our Eco-Awareness efforts, we strive to conserve. Being respectful of your environment is part of the Spa experience. Using only the number of towels necessary during your stay helps us to maintain our goal.

**Medical Conditions** If you have any type of medical condition, be sure to mention it to your therapist. Certain programmes may not be advisable for you.

**Valuables** In order to avoid all worries and stress, leave all jewelry and valuables at home or in your room safe.

**What to Wear** In your spa locker you will find a robe. It is important that you are comfortable and able to relax. Programme protocol provides you with modest draping throughout your services; however, for your comfort and privacy, you may wish to wear a bathing suit or underwear for your services.

**Food and Drink** It is advisable not to eat for at least an hour before a programme. Please avoid the consumption of alcohol on the day of a programme. Drink plenty of water before and after your services.

**Children** A spa is a great place to get a little alone time. Our spa facilities are limited to children age 16 and over without adult supervision. Salon services are available for well-behaved youth of all ages when accompanied by an adult.

**Retail** Continue your Spa Experience at home; all spa products are available in our retail boutique. To replenish your supply, we can arrange regular monthly shipments or feel free to call to The Spa to have your products delivered at your convenience. Gift cards will also be mailed to you or directly to the recipient.

**Gift Cards** To order a customized spa gift card, please call or Visit Our Online Store Now.

**Groups, Brides and Spa Parties** It is our pleasure to host a private spa event. Please call the Spa for details.

# OPAL spa

at Sandpearl Resort

### The Signature Experience

Signature Perfect Body	80 min./\$230
Signature Perfect Massage	80 min./\$230
Signature Perfect Facial	80 min./\$230
Signature Manicure	55 min./\$65
Signature Pedicure	65 min./\$80
Signature Ritual	Approx. 6 hours/\$615

### The Full Body Experience

Signature Perfect Body	80 min./\$230
The Detox	80 min./\$195
The Maternity	50 min./\$145
The Soothe	50 min./\$145
The Scrub	50 min./\$130 80 min./\$195

### The Touch Experience

The Signature	80 min./\$230
The Traditional	50 min./\$115 80 min./\$180
The Stone	80 min./\$220
The Therapeutic	50 min./\$130 80 min./\$195
The Deep	50 min./\$145 80 min./\$210
The Prenatal	50 min./\$115 80 min./\$180
The Reflexology	25 min./\$85 50 min./\$130

### The Skin Care Experience

The Signature	80 min./\$230
The Custom	50 min./\$130 80 min./\$195
The Organic 	50 min./\$150 80 min./\$200
The Oxygen	50 min./\$145 80 min./\$195
The Resurfacing	80 min./\$275

### Skin Care Enhancements

*Add one or more of these enhancements to your experience to provide further visible results.*

Derma Peel	25 min./\$75
Micro-Dermabrasion	25 min./\$125
Eye	25 min./\$35
Lip	25 min./\$35
Back Pack	25 min./ \$45

### Mind • Body • Spirit

Tranquility Ritual	110 min./\$295
Longevity Ritual	110 min./\$295
Aromasoul Ritual	110 min./\$295
Sacred Nature 	110 min./\$295

### The Ritual Experience

The Signature	Approx. 6 hours/\$615
The Essence	Approx. 3.5 hours/\$330
The Sports	Approx. 3 hours/\$330
The Duet	Approx. 2 hours/\$400
La Petite	Approx. 1.5 hours/\$210

### The Manicure and Pedicure Experience

The Signature	Mani 55 min./\$65
	Pedi 65 min./\$80
The Classic	Mani 35 min./\$45
	Pedi 45 min./\$60
The Journey 	Mani 45 min./\$55
	Pedi 55 min./\$70

### Hands & Feet Enhancements

*\*Denotes additional time required.*

*\*\*Denotes 10 minute increments*

French/Gel*	\$10
Paraffin*	\$15
Extra Foot Massage**	\$25

### The Wax

Eyebrow Design	\$35
Lip or Chin	\$25
Full Face	\$50
Full Back or Chest	\$80 & up
Underarm	\$30
Lower Arm	\$40
Bikini	\$40 & up
Brazilian (prices may vary)	\$95 & up
Full Leg	\$80
Full Leg (with bikini)	\$90
Upper Leg (with bikini)	\$75
Lower Leg	\$45



Ecocert is the very first global certification body to develop standards for "natural and organic cosmetics" by ensuring an environmentally friendly product with ingredients derived from renewable resources, manufactured by environmentally friendly processes with biodegradable or recyclable nature of packaging. Using Eco Certified Organic Cosmetics also ensures that we offer products that are absent of GMO, parabens, phenoxyethanol, nanoparticles, silicon, PEG, synthetic perfumes and dyes, animal-derived ingredients (unless naturally produced by them: milk, honey, etc.). With prolonged studies and a strong commitment to the environment, we are proud to present Sacred Nature, the first face and body organic and natural spa skin care able to provide advanced care and exceptional pleasure for the senses.



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727.441.2425 • Sandpearl.com

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The logo for 'OPAL spa' is centered on a semi-transparent white horizontal band. The word 'OPAL' is in a bold, black, sans-serif font. The word 'spa' is in a smaller, lowercase, black, sans-serif font. A thick, black, wavy line underlines the 'AL' portion of 'OPAL' and extends slightly to the right, ending under the 'a' in 'spa'.

OPAL spa