

THE SPA AT SANDPEARL FACT SHEET & MENU OF SERVICES

OVERVIEW: Nature speaks with unmistakable clarity and the Spa at Sandpearl pays homage to her healing wisdom. Restorative spa therapies inspired by the tranquil Gulf waters bathe us with the life giving elements of the sea, herbs rejuvenate, and the alchemy of botanical essences explores the soul of things. Nature is infinitely wise.

Life-enriching experiences designed to bring body, mind and spirit into balance are the fabric of Sandpearl Spa life and whether exploring an unspoiled natural environment, practicing the mindfulness of Tai Chi or being caressed by gentle Gulf breezes while enjoying a massage, the Spa at Sandpearl partners with nature in delivering an experience of relaxed, renewed and restorative wellness.

CONTACT / HOURS: Spa at Sandpearl
500 Mandalay Avenue
Clearwater Beach, FL 33767
Appointments: (877) 726-3111
Hours: 8:00 a.m. to 8:00 p.m. daily
www.sandpearl.com

WATER THERAPIES: *Healing Waters* – Slip comfortably into a warm, relaxing bath of soothing mineral rich water. Follow with a restorative and detoxifying Marine Salt Scrub Finish with a stimulating Contrast Vichy Rain Shower. Refreshing and energizing. 50/80 minutes, \$130/\$200.

Marine Bath and Tonic Wrap – A warm, nurturing marine algae bath...a cooling, stimulating tonic body wrap. Balancing, restful and regenerative. 80 minutes, \$200.

Absolute Relaxation – A warm bath of soothing botanical elements couples with regenerative, nutrient rich mud and magnesium salts body wrap, which hydrate and purify the skin. 80 minutes, \$200.

Marine Feast – Begin with an invigorating marine mineral salt exfoliate, follow with a relaxing and nourishing marine rich algae body wrap. Stimulates circulation. Enhances tissue tone. 80 minutes, \$200.

Thalasso Bath – Therapeutic ‘water massage’ in Sandpearl’s state-of-the-art hydro bath address ‘specific’ muscular aches and pains to increase flexibility, range of motion, and restore healthy muscle tone. 25 minutes, \$65.

Hydro Stretch Therapy – Suspended in warm, mineral rich therapeutic waters, enjoy a ritual of gentle ‘hydro’ manipulations designed to encourage movement, flexibility, and structural alignment. 80 minutes, \$200.

Salt Scrub and Vichy Energizer – Therapeutic salt scrub, coupled with an invigorating rain shower provides a stimulating, all natural boost in energy and well being. 50 minutes, \$130.

Stone and Rain Therapy – Warmed stones induce deep relaxation. The cool, healing water of a Vichy Shower promotes clarity. Spinal and energetic centers are balanced. Calming and regenerative. 50/80 minutes, \$130/\$200.

Ocean Mud Wrap – Purifying mineral rich mud cleanses and nourishes. Detoxifying and relaxing. 50 minutes, \$130.

TOUCH THERAPIES:

Aromatic Pearl – The subtle alchemy of essential oils interact with the mind/body self in a relaxing and gentle therapeutic touch therapy. 80 minutes, \$200.

Awakening – Building on the ‘awareness’ derived from *Aromatic Pearl*, this relaxing essential oil treatment promotes the balancing of the chakra centers. 80 minutes, \$200.

Clearwater Beach Stone Massage – The penetrating, healing warmth of stone accesses deep tissue while inducing meditative calm. Relaxing, nurturing, balancing. 80 minutes, \$200.

Sandpearl’s Signature Body Iridescence – A spa ritual of crushed pearl paste, dry skin brushing, and a warm silica balm massage encourages the removal of cellular waste while promoting deep relaxation. Revitalizing and restorative. 80 minutes, \$200.

Sandpearl Floor Massage – A relaxing regimen of stretching, gentle rocking and therapeutic pressure techniques address range of motion and chronic aches and pains. 80 minutes, \$200.

Yoga Massage – Yoga postures are complimented with touch to encourage flexibility. 80 minutes, \$200.

Thai Massage – While fully clothed, and with the help of the Spa’s trained therapists, this classic floor ritual emphasizes stretching and specific point massage. 80 minutes, \$200.

Body Reflex Therapy – European inspired connective tissue therapy delivers a wide range of benefits...from aesthetic to therapeutic. Consultation recommended. 80 minutes, \$200.

Point-Specific Massage – This deep tissue massage alleviates tension and discomfort while addressing problematic joint and muscular aches. 50/80 minutes, \$130/\$200.

Contour Therapies – Address specific areas such as cellulite or abdominal toning. Tailored to individual’s needs. 80 minutes, \$200.

Traditional Massage – Deeply relaxing oil massage addresses muscular structure of the body. Tempered to individual's muscle tone. 50/80 minutes, \$130/\$200.

Lymphatic Therapy – Gentle, rhythmic touch therapy encourages cellular cleansing, moving lymph through the body to facilitate detoxification and deep relaxation. 50/80 minutes, \$130/\$200.

Herbal Foot Bath and Reflexology – Aromatic herbs combined with the ancient art of reflexology induce calm and well being. 50 minutes, \$130.

SKIN CARE:

Pearl Iridescence – Extracts of powdered pearl and aromatic botanicals are combined with an acupressure and lymphatic massage in Sandpearl's Signature Facial. Leaves skin smooth, soft, and positively radiant. 50 minutes, \$130.

Restorative Ocean Mist – A toning facial massage combined with a marine element mask of nutrient rich ionic concentrations stimulate the production of elastin and collagen fibers. 50 minutes, \$130.

Traditional European Marine Facial – A relaxing, deep cleansing exfoliation and fluid massage of the face, neck and décolleté is complimented with a mineralizing marine mask. Designed to address specific skin conditions. 50 minutes, \$130.

For Him – A nourishing, warm herbal infused compress facilitates deep cleansing exfoliation and is complimented with a soothing facial massage and toning mask. 50 minutes, \$130.

HAND AND FOOT CARE:

The Pearl – Sandpearl's exquisite manicure and pedicure combines skin softening minerals, a silicate exfoliation, and a mask of hydrating sea algae with a rhythmic and relaxing pressure point stone foot massage. Manicure: 45 minutes, \$50. Pedicure: 55 minutes, \$75.

Sunny Citrus – A mandarin infused hydrating soak of hands and feet is complimented by a micro-exfoliating citrus mask and a rich, protective layer of refreshing, lemon hydration. Manicure: 25 minutes, \$30. Pedicure: 45 minutes, \$55.

Sand and Water – Rejuvenate hands and feet with nature's healing elements. A leisurely and relaxing soak in mineral sea salts enhance a 'skin specific' micro-algae exfoliation. Manicure: 35 minutes, \$40. Pedicure: 50 minutes, \$65.

Sandpearl Foot Soak – A relaxing soak in nutrient rich, revitalizing mandarin oil is complimented with a luxurious foot and leg massage. 25 minutes, \$40.

SPA RITUALS:

The Essence of Sandpearl includes Body Iridescence, Pearl Iridescence Facial, and 'Pearl' Manicure and Pedicure. \$480.

Healing Water & Calming Stone includes Salt Scrub and Vichy Energizer, Clearwater Beach Stone Massage, Traditional European Marine Facial, and Sunny Citrus Manicure and Pedicure. \$500.

Gentle Caress includes Thalasso Bath, Ocean Mud Body Wrap, Traditional Massage, and Sand and Water Manicure and Pedicure. \$455.

Brides Rites of Passage includes Aromatic Pearl Massage, Pearl Iridescence Facial, and Sand and Water Manicure and Pedicure. \$460.

Couples Sweet Union – With ‘togetherness’ in mind, celebrate your relationship. Enjoy facials, massage and body wrap treatments in an intimate environment.

OTHER SALON SERVICES:

The following custom services are offered:

Polish change: \$16
French finish: additional \$10
Paraffin: \$15
Makeup application: \$45
Makeup lesson: \$55
Wedding Day makeup: \$80

SPA PROGRAMS:

Sunrise and Sunset Rituals – Yoga, Meditation, and Tai Chi are regular beachside offerings. \$15 per session.

Earth’s Bounty – Natural food cooking lessons with the resort’s chefs teach us to love food, our body...and our planet.

The Body’s Wisdom – An ongoing exploration of the body’s innate intelligence and the art of wellness.

Moonlight and Nature Walks – A moonlit guided tour sheds new light on Clearwater’s nocturnal environment.

Expression through Dance – A movement ‘art’ class for fun and fitness.

FITNESS AND FUN:

Dawn Splash – An early morning beach walk. Enjoy the cool Gulf air, burn some calories, work the muscles...a fun workout designed to elevate your pulse and your spirits!

Fitness Center – Sandpearl’s Gulf view full service fitness center features treadmills, cross trainers, recumbent bikes, balls and weight equipment.

Other options:

- Yoga - \$15 per session
- Tai Chi - \$15 per session
- Mat-Pilates - \$15 per session
- Personal training – varying costs
- Cardio Circuit - \$15 per session

SPA DIRECTOR:

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